

## Schedule for 2022-2023 MVRHS

### Regular Bell Times

8:00- 8:45 Period 1 (A)  
8:50- 9:35 Period 2 (B)  
9:40- 10:25 Period 3 (C)  
10:30- 11:15 Period 4 (D)  
11:20- 12:05 Period 5 (EF)  
11:15-11:45 Lunch 1 (E)  
11:45-12:30 Period 5 (FG)  
12:05-12:35 Lunch 2 (G)  
12:35- 1:20 Period 6 (H)  
1:25- 2:10 Period 7 (I)  
2:15- 3:00 Period 8 (J)

### Flex AM

8:00-8:40 Period 1 (A)  
8:45-9:25 Period 2 (B)  
9:30-10:10 Period 3 (C)  
10:15-10:45 Flex  
10:50-11:30 Period 4 (D)  
11:35-12:15 Period 5 (EF)  
11:30-12:00 Lunch 1 (E)  
12:00-12:45 Period 5 (FG)  
12:15-12:45 Lunch 2 (G)  
12:50-1:30 Period 6 (H)  
1:35-2:15 Period 7 (I)  
2:20- 3:00 Period 8 (J)

### Flex PM

8:00-8:40 Period 1 (A)  
8:45-9:25 Period 2 (B)  
9:30-10:10 Period 3 (C )  
10:15-10:55 Period 4 (D)  
11:00--11:40 Period 5 (EF)  
10:55-11:25 Lunch 1 (E)  
11:25-12:15 Period 5 (FG)  
11:40-12:10 Lunch 2 (G)  
12:15-12:55 Period 6 (H)  
1:00-1:30 Flex  
1:35-2:15 Period 7 (I)  
2:20-3:00 Period 8 (J)

### Early Dismissal

8:00- 8:29 Period 1 (A)  
8:32- 9:01 Period 2 (B)  
9:04- 9:33 Period 3 (C )  
9:36-10:05 Period 4 (D)  
10:08-10:37 Period 6 (H)  
10:40-11:09 Period 7 (I)  
11:12-11:41 Period 8 (J)  
11:44-12:13 Lunch 1 (E)  
11:44-12:13 Period 5 (EF)  
12:13-12:42 Lunch 2 (G)  
12:13-12:42 Period 5 (FG)

### Delayed Opening Schedule

10:00-10:30 Period 1 (A)  
10:34-11:04 Period 2 (B)  
11:08-11:38 Period 3 (C)  
11:42-12:12 Period 5 (EF)  
11:42-12:12 Lunch 1(E)  
12:12-12:42 Period 5 (FG)  
12:12 -12:42 Lunch 2 (G)  
12:46-1:16 Period 4 (D )  
1:20- 1:50 Period 6 (H)  
1:54- 2:24 Period 7 (I)  
2:28- 3:00 Period 8 (J)